



- ▲ Meet at Hailstone Hill (SN6 6JP, SU082943) (unless coming by train to Kemble) and leave at least one car there, 10:00; finish walk there 17:30.
- ▲ Start walk from verge (GL7 6NT, SO979005) near Coates, having parked at least one car there, 10:30; collect car(s) from there 18:00
- ★ Dip at Ewen gauging station 12:00-12:20 ▲ Lunch at Neigh Bridge Country Park 13:00-13:30 ★ Dip in bridlepath ford and/or snack 14:50-15:10
- ★ Swim near Cleveland Lakes 16:10-16:40 ★ Dip at footpath bridge 17:00-17:20
- Extension to ★ swim at river bend if there's not been enough water for a decent swim anywhere else.

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